

# Information about the Coronavirus, leave of absence and moving

## Brochures, videos, facts, advice and measures about the Coronavirus (Covid-19)

You can find brochures, videos, facts, advice and measures about the Coronavirus on the Norwegian Institute of Public Health's website. Copy and paste the following link into your browser to see the Norwegian Institute of Public Health's information pages about the Coronavirus situation: <https://www.fhi.no/sv/smittsomme-sykdommer/corona/>

You will find information pages with questions and answers about the Coronavirus, translated into 24 languages, by copying and pasting the following link into your browser: <https://www.fhi.no/nettpub/coronavirus/infomateriell/sos/?term=&h=1>

You will find compiled information about the Coronavirus, facts, advice and measures by copying and pasting the following link into your browser: <https://www.fhi.no/nettpub/coronavirus/?chapter=89177>

The UDI has gathered information in Norwegian and English about, among other things, social distancing, quarantine and close contacts (the number of people you can socialise with), which might be useful to you. Copy and paste the following link into your browser: <https://www.udi.no/asylmottak/informasjon-til-beboere-pa- asylmottak-om-koronasituasjonen/>

If you have other questions about the Coronavirus situation, you can talk to the staff at the reception centre.

## Avoid spreading infection at the reception centre

You must do what you can to avoid infecting anyone at the reception centre. You risk spreading the infection if you have been in places where it is difficult to maintain social distancing and/or in cities that have higher infection rates than other places. In the link with information in different languages a bit further down, you will find more information about how you can avoid infection.

## If you believe you have been infected

If you believe you have been infected, you must book an appointment to get tested at a testing station. It is the municipal health service in the area where the reception centre is located that is responsible for testing and for providing a test result. The staff at the reception centre can help you.

You can find more information about what to do

- while waiting for the test result
- when you receive a result on the Coronavirus test
- if the test shows that you have tested positive for Coronavirus
- if the test shows that you have tested negative for Coronavirus

if you copy and paste the following link into your browser:

<https://www.fhi.no/nettpub/coronavirus/infomateriell/informasjon-om-hjemmekarantene-og-isolasjon-pa-ulike-sprak/?term=&h=1>

## **Leave of absence from a reception centre**

During the period from 24 November 2020 to 4 January 2021, leaves of absence will not be granted. If you have already been informed that you have been granted a leave of absence during the same period, you will now be notified that this will not be possible all the same, unless there is a very special reason to grant you leave.

You can be granted a leave of absence that is deemed necessary, for instance due to health reasons concerning you or your family or due to consideration of your asylum case. We can also make exceptions to ensure that parents and children can be together. If this concerns you, you will be notified in a letter from the UDI.

You will find more information about the rules about leaves of absence by copying and pasting the following link into your browser:

<https://www.udi.no/globalassets/global/asylmottak/retningslinje---permisjon-fra-asylmottak.pdf>

Information regarding leave of absence rules for unaccompanied minors can be read by copying and pasting the following link into your browser:

<https://www.udiregelverk.no/rettskilder/udi-retningslinjer/udi-2011-014/>

## **Transfer between reception centres**

When you move from one reception centre to another, you will not travel on public transport. You will be divided into groups (cohorts) of five to ten people. The groups will not have physical contact with each other. We do this to ensure as few points of contact as possible to reduce the spread of infection. For the same reason, no more than ten people will share a kitchen and bathroom/toilet/shower.

When you arrive at the new reception centre, you must go into a kind of quarantine. This means that the different groups (cohorts) must not have any contact with each other for ten days after you arrived at the reception centre.

Before moving to a new reception centre, you will receive information about the place you are moving to. As far as possible, the UDI prioritises moving families with children first.

## **The UDI and the Norwegian Institute of Public Health has prepared advice for moving and transport between reception centres**

There must be one meter between the passengers in the means of transport. If the trip lasts for more than four hours, the distance should be more than one metre, the number of passengers fewer and there should be few stops. Everyone must use face masks and hand sanitiser during the trip.

## Information to parents

### Talk to your children

We know that the Coronavirus situation can be challenging for children and for you as parents. Please speak to your children about the Coronavirus, and how it affects your daily life at the reception centre. If you find it difficult to talk to your children about it, you can ask the staff at the reception centre for help. They can also help you if you or your children have questions or concerns about the situation.

Save the Children has published advice about how to talk to children about the Coronavirus. Copy and paste the following link into your browser to read it: <https://www.reddbarna.no/6-tips-til-hvordan-du-kan-snakke-med-barn-om-korona>