

Supplementary form for application for exemption from test requirements for permanent residence permit

To be filled out by you who apply for permanent residence permit

1. Take the form with you to your GP, psychologist, specialist health service staff or other health personnel who assess your health situation. **They are the ones who will fill out this form.**
2. Hand in the forms and other documentation when you meet with the police.
3. Remember that you must also fill out the main form for exemption from test requirements udi.no/form-exemption-residence

You **are not to** fill out this form if you are applying for exemption from the obligation to take Norwegian and/or social studies courses or tests from the municipality.

To be completed by a GP, psychologist, specialist health service employee or other healthcare personnel

Anyone applying for permanent residence permit is required to have passed both a social studies test and understands, and a test in spoken Norwegian at the A2 level.

Applicants may request an exemption from these requirements if health issues or other personal circumstances prevent them from learning to speak Norwegian at the A2 level or from passing the tests.

In assessing whether the person can be granted an exemption, the UDI will, among other things, assess whether the person has a health situation that

- means that it is impossible for the person to complete the test(s) themselves with accommodations, or
- affects the ability to learn Norwegian in such a way that the person will not be able to pass the test in oral Norwegian at level A2 and/or
- affects the ability to acquire knowledge about Norwegian society so that the person will not be able to pass the test in social studies

The documentation from you will be part of the UDI's assessment of whether we can grant an exemption from the requirement.

Complete the form if you have assessed the person's health situation, the person's opportunities to learn Norwegian and social studies, complete training and take tests in Norwegian and social studies.

Return the completed form and relevant documentation to the person applying for a permanent residence permit. He or she is the one who must submit it together with the application for a permanent residence permit.

You can complete the form as a fillable PDF here:

udi.no/form-health-residence

The person under assessment

Write the individual's name exactly as it appears in the National Population Register (Folkeregisteret).

First name

Middle name

Last name

Norwegian national ID number (11 digits)

Assessment of the individual's health status

The assessment is to provide:

- General information about the person's health situation.
- How long the health has been impaired and any changes in the health situation.
- An estimation of how likely it is that the individual's health will change so that it will be possible to acquire sufficient Norwegian language skills and to take tests.
- A reasoned assessment of the person's ability to [complete the test\(s\) themselves with accommodations](#), or
- A reasoned assessment of the person's ability to pass the tests with accommodations. If the doctor is aware of challenges related to hearing and vision, cognitive challenges such as concentration difficulties, reading and writing difficulties and memory impairments or other learning disabilities, this should also be stated in the assessment.

Your assessment of the person's health situation

What impact does the individual's health have on their ability to learn Norwegian, social studies or to take tests?

Other documentation

Are you including any other documentation?

No

Yes

Signature

Place

Date

The signature of the GP, psychologist, specialist health service employee or other healthcare personnel

Appendix

What do the different levels mean?

A1

You can understand and use familiar, everyday words and expressions. You can participate in a simple conversation if the person you are speaking to speaks slowly and clearly and helps you.

A2

You can participate in simple conversations about common and practical activities that you are familiar with. You can read and understand short, simple texts related to your work. You can write short, simple messages and describe experiences and events using simple phrases and sentences.

B1

You can understand the main points of clear text and speech about familiar topics that you often encounter in connection with work, school, and leisure. You can manage in most situations that may arise and can write simple texts on familiar topics and briefly explain and justify opinions and plans

B2

You can understand the main content of complex or academic texts, including academic discussions within your own discipline, and are able to participate in conversations using relatively spontaneous and fluent language, and you can write clear, detailed, and argumentative texts on a wide range of topics.

Source: [Skills Norway \(Kompetanse Norge\)](#)